

Kanbayashi Spa & Jigokudani Spa Facilities Guide

Kanbayashi Spa is at the entrance to Shiga Kogen. It's natural beauty gives it the feeling of a health resort. From long ago, many writers have enjoyed visiting this area, including Natsume Soseki, Shiga Naoya, Miyoshi Tatsuji, and Kikuchi Hiroshi.



8 Fudosen Temple
This traditional Sendayaki event on the first day of Spring has become a town cultural asset. Faith-healers and devotees make a "fire crossing" by walking on fire in their bare feet, to pray for their home's safety and perfect health.



9 Kogyoji Temple
The copper six sided lantern was an offering by the pupils of Japanese painter Terasaki Kogyo, whose vacation home is now the Kogyo Temple.



10 Enza Cafe
Take a break at a cozy restaurant for espresso-based coffee and delicious Japanese foods, e.g. ramen, sushi, snacks, and desserts. Located right before the entrance for the trail to Jigokudani-yen Koen.
Open: All year round
Hours: 9:30am - 5pm
☎0269-38-1736
<http://www.snowmonkeyresorts.com/restaurants/enzacafe/>



6 Jigokudani-yen Koen
Famous as the world's only spa where monkeys bathe. You can see how wild monkeys live naturally, suitable for observing the monkeys' ecology etc. 25 minute walk from Kanbayashi Spa.
Hours: 8:30am - 5pm
Entrance: Adult ¥500, Child ¥250
☎0269-33-4379 FAX0269-33-8521
<http://www.jigokudani-yaenkoen.co.jp/>



1 Tamamura Gallery
Tamamura Honten Brewery "Engi" was established in the 2nd year of Edo Bunka Era, 1805. It revived its sake storehouse from 100 years ago to open an art museum. It exhibits paintings of a painter related to that house, among other painters. The exhibition changes each season. Tasting & sale of the local Shiga Kogen Beer.
Hours: 9am - 6pm
Entrance: Free
☎0269-33-2155 FAX0269-33-3136
<http://www.tamamura-honten.co.jp/>



2 Tsuburami
Exhibits a collection of works of famous people and classic cars which were bequeathed to this place.
Hours: 9am - 5pm
Entrance: ¥200
☎0269-33-3151
<http://www.jinpyokaku.com/>



3 Folk Museum Gosetsu-no-Yakata
This "Heavy Snow House" was built in the Edo Ansei Era in an area of Japan's heaviest snowfall, Matsunoyama town of Niigata prefecture. It was moved here and restored. Exhibits various things from daily life: furniture, fixtures, utensils, etc.
Hours: 9am - 5pm
Closed: Every Thursday
Entrance: Adult ¥310, Child ¥160
☎0269-33-5116
<http://www.shinshu.co.jp/museum/gousetsu.html>



4 Restaurant Crystal Terrace
Enjoy pizza and pasta which lavishly uses ingredients from each season in Shinshu, incorporating the chef's spirit. Meals and tea time, for families, couples, etc.
★Next to Shiga-kogen Roman Art Museum
Hours: 10am - 5pm
Closed: Every Thursday
☎0269-33-8822
<http://www.shigakogen.co.jp/crystal/>



5 Yamanouchi Town's Shiga-kogen Roman Museum
Exhibits works of the venerable Southern School painter Kodama Katei born in Yamanouchi Town, "roman glass" which releases mysterious light, antique kilims, Edo glass, and snuff bottles and woodblock prints and tools from the Meiji and Taisho Eras. Imparts a "romanticist" (roman) feeling.
Hours: 9am - 5pm
(Entry until 4:30pm)
Closed: Thursday
Entrance: Adult ¥500, Child ¥300
(50 yen discount for groups of 20 or more)
☎0269-33-8855
<http://www.town.yamanouchi.nagano.jp/roman/toppage.htm>



7 Teuchi soba - Rausu-an
Fresh hand made soba using Japan grown whole grain soba flour. Soba zosui, soba cuisine, and seasonal wild plant dishes.
Hours: 11:30am - 3pm
Closed: Irregular
☎0269-33-5883